

# Center for Dermatology, Cosmetic and Laser Surgery, Inc.

2557 Mowry Ave. Ste 25  
Fremont, CA 94538  
(510) 797-4111

995 Montague Expy #111  
Milpitas, CA 95035  
(408) 957-7676

## V-Beam Post Care

-You have just received laser treatment for red or brown spots. There may be some redness, swelling, bruising, mild crusting in treated area. This is normal and will usually subside within a few days to a week.

-We recommend you apply Aquaphor or Vaseline to the area a couple times a day for a 5-7 days.

-You may shower, please wash over the area gently with a mild cleanser, like Cerave.

-Please wear sunscreen daily, and avoid sun exposure immediately after laser treatment.

-If light crusting or scabbing does occur please do not pick or scratch at. This is why keeping lubricated with Aquaphor or Vaseline is important. Please call us if deeper scabbing, crusting, or open sores develop, this is rare.

-Patients usually need multiple treatments, please schedule next visit in about 4-6 weeks.

-If you have any questions, concerns or problems please contact the office. This includes persistent pain, redness, open sores, developing new brown pigment at sites, etc.

Website: <http://www.centerforderm.com>

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