

CENTER FOR DERMATOLOGY, COSMETIC AND LASER SURGERY

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POST PROCEDURE INSTRUCTIONS FOR BOTOX, DYSPORT, XEOMIN, RESTYLANE, PERLANE, JUVEDERM, RADIESSE, BELOTERO, ETC.

1. Please avoid aspirin, Advil and other non-steroidal antiinflammatory medications (NSAIDS), smoking, and alcohol for at least 24 hours. This will reduce bruising and swelling.
2. Ice can be applied to reduce swelling for approximately five to 10 minutes when you reach home and at bedtime, especially if the procedure is done around the eyes.
3. Please do not lie down for the next six to eight hours, and try to sleep on a couple of pillows on the first two nights to reduce swelling and/or spread of the Botox. The swelling may last two to three days, then improve, and is generally mild.
4. Please avoid flying or diving on the day of, or the day after the procedure.
5. It may take up to two weeks for the Botox to take effect, and the full results of any filler will only be seen after the swelling is reduced over the next two to seven days.
6. If you have any questions or concerns, please do not hesitate to contact us at the numbers listed above.
7. Please keep your scheduled follow up appointments.

