CENTER FOR DERMATOLOGY, COSMETIC AND LASER SURGERY, INC.

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PATCH TEST INSTRUCTIONS

- 1. Please wear old, loose fitting clothing if possible. Occasionally these clothes may get stained with ink that we use to mark the patch test sites.
- 2. There will be three total visits: the first will be to apply the patches; 48 hours later you will come in for the removal of the patches; on the third or fourth day you will be rechecked, as the reading at 3-4 days occasionally differs from that on the day of patch removal.
- 3. Bathe before you come in for the patch testing as you will not be able to bathe on the following day. (Sponge bath is okay, but back must be kept dry).
- 4. If an area under the tape becomes extremely itchy, have someone help you to remove only that patch. This would be a very unusual event.
- 5. After the patch testing, and if your results are positive, we will give you a list of chemicals you are allergic to, as well as what common products they are in.
- 6. Not all negative or positive patch tests are 100% predicative, but are helpful in trying to determine the cause of your rashes.