

## **LIGHT VISITS AND YOUR INSURANCE**

Most insurance companies and/or medical groups require that we collect your copayment at the time of each light visit. This copayment is either a fixed amount, or percentage of the light visit, most commonly \$5-\$30, or 10%-20%. A minority of insurances will cover the full light visit fee. Please check with your plan – see below.

If you believe that your insurance or medical group does cover the full light visit fee, then you will need to obtain a written letter from them stating that this is what they will do. Otherwise your normal copayment will be collected at the time of each visit, or can be paid in a lump sum once a week. If you do not pay this copayment for your light visits, then a service charge of \$10 will be added for having to bill you for these visits.

When you call your insurance company and/or medical group, you must tell them that you are receiving either UVB or PUVA therapy, and the CPT or medical codes that describe the procedure are 96900 and 96910 UVB and 96912 for PUVA. The doctor/staff will tell you. You must also tell them the ICD-10 or diagnosis code. Psoriasis is L40.0, vitiligo is L80.0, and nummular eczema is L30.8, whichever is your diagnosis. With this information your insurance company and/or medical group should be able to tell you whether you require a copayment and the amount of the copayment. This should be sent to you in written form so you may have a copy for your file, and you should give us a copy.

Some general instructions for patients receiving light therapy include.

1. You must have your own special glasses to protect your eyes and these should be purchased from the office prior to your first light visit.
2. Cover your face and genital areas with either underwear or a cloth.
3. To wear sunscreen on the areas that are unaffected by the condition for which you are being treated.
4. Remember to wear the glasses you purchased the full time while in the box until the light is off. If on an oral PUVA therapy you are to wear your special glasses for 24 hours.